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## Kedara Gowri Vratam Book In Tamil Pdf 1324



as the name states, this is a very tough and long fast. the third day is called kedara and the fourth day is called gowri. the third day we offer oottham vastra and the fourth day we offer vastra vastra and it is done in the morning. this is a really tough fast and we don't offer fruits. even if we offer fruits it will not help us in this fast. we offer avipattam(roti) and boiled vegetables like mari-gobi and red chilly. it is a very good combination for our health. kedara gowri is held in the month of karthika. it is considered as a very difficult fast. we should take care of the following things, 1. kedara gowri fast should be observed for 10 days continuously, unless it is a very long distance trip. if it is a longer distance, we should stop in some good places and visit them. we must have food atleast 5 times a day. the kedara gauri vratam (kedara gauri pooja) is one of the most important vratas in the hindu religion. it is also considered a'very auspicious' vrata. it is observed by many for many purposes and ends with the ganesh puja. it is believed to get rid of all the past sins and ill-effects. it is also believed that it will bring good fortune and will increase your wealth. some people worship kedara gauri vrat to get married. some others worship kedara gauri vrat to remove bad luck, bad dream, health issues, and so on. it is also a good remedy if you are not finding the proper partner or if your existing partner does not have the desired qualities. kedara gauri vratam is the most important vrata to get rid of the curse of bad dream. by performing kedara gauri vrata, one can overcome all the bad dreams. it also has a great importance in marriage vrata because, it brings a good match. it is also performed by a groom to get his beloved bride, by the bride to get her beloved groom or by the groom to get his beloved wife or by the bride to get her beloved husband.

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the famous sacred forest (pancha nivamalai) in tamil nadu is also called as the kedara vratham. kedara vratham is performed in the pancha nivamalai (i.e. region known as kedara vratham) during the month of pousha. the presiding deity of the place is lord rudra of the agni family. it is said that once a group of saints went there to perform the puja (worship). there was no water at the place at the time. the lotus flowers were in full bloom all around the temple and the water inside the temple was also found to be very clean and pure. hence the place was named as pancha nivamalai. the place gets its name because all the five gods of the five families are worshipped here along with lord rudra. the vratam was performed by the saints as per the instructions of lord rudra. on the evening of the vratha, a mela was organised for all the people. this mela was very special. the hindu saints would bathe in the river at the mela and then perform the vratam. after the vrata was over, all the saints would visit the temple and perform the puja (worship). the mela was organised in the month of chaitra which falls in the tamil month of pousha. chaitra also marks the end of the winter solstice and the beginning of the new solar year. hi chitra, im nithiya sudhakar. i have a doubt in this nonbu. i have been observing this fasting for past 2 years after getting married.last year october my husband paternal grandmom died.so my family members suggested me not to observe.. do comment on this. is it ok also what if pregnant ladies or breastfeeding ladies can observe this. similarly can i do varalakshmi vratam this year. 5ec8ef588b

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